

OSF Peace Meal

helping seniors improve their nutrition

OSF Peace Meal helps to improve nutrition, sustain independence and enhance quality of life through meals and a connection to other services that may be needed.

Services

- OSF Peace Meal provides nutritious meals Monday through Friday for seniors age 60 and older.
- Meals count for a third of nutritional requirements for seniors for the day.
- Meals are changed quarterly with the seasons and are developed by a dietitian.
- Delivery drivers are a check point during the day and can communicate any changes in the individual they may notice during the meal delivery.
- Coordinators provide assessments to make sure all the clients' needs are being addressed one to two times a year. Coordinators help advocate for additional services if needs are discovered.
- Financial support is suggested but no one is turned away if they are not able or do not wish to donate.

Who to refer?

- Seniors 60+ in Champaign, DeWitt, Ford, Iroquois, McLean, Piatt and Livingston counties

Peace Meal Senior Nutrition Program does not discriminate in admission to programs or treatment of employees in programs in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination Act, the Age Discrimination in Employment Act, and the U.S. and Illinois constitutions. If you feel you have been discriminated against, you have the right to file a complaint with the Illinois Department on Aging. For information, call 1(800) 252-8966 (Voice and TDD).

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REFER YOUR PATIENT

To request a meal, contact the OSF Peace Meal office at (800) 543-1770 or (217) 345-1800.

